



Armana. User's manual



SUNLIGHT SAUNAS™



Congratulations! You are now the owner of a Sunlight Sauna. Are you ready to experience ultimate relaxation and rejuvenation? The unique Sunlight Saunas™ door handle is your entrance to a healthier lifestyle. Just follow our installation and assembly instructions and soon you'll be in Sunlight Sauna heaven!

Quick Start

Do not use this sauna to treat any health problems prior to consulting with your physician. Sunlight Saunas, Inc. does not provide medical advice, education or treatment. Our information should not be relied on in making decisions about your health. Always consult your physician for medical advice.

Prior to sauna use:

Do not adjust the default time and temperature. The controls will be preset to 60 minutes at 150° F. The temperature will never reach 150° F, but you will get the best sauna experience keeping it set to this temperature. Allow sauna to warm up for 15-20 minutes. Drink plenty of water, at least 8 oz.

During sauna use:

Place Sunlight Spungi™ microfiber towel over the bench and backrest to reduce clean up time. Relax and enjoy your sauna experience.

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After sauna use:

Use a clean Sunlight Spungi® microfiber towel to dry off. Drink plenty of water, at least 8 oz. Take a lukewarm shower to remove sweat and toxins.

Other recommendations:

Start slow. Begin with 30 minutes every other day, however 10-15 minutes may be appropriate your first few sessions.

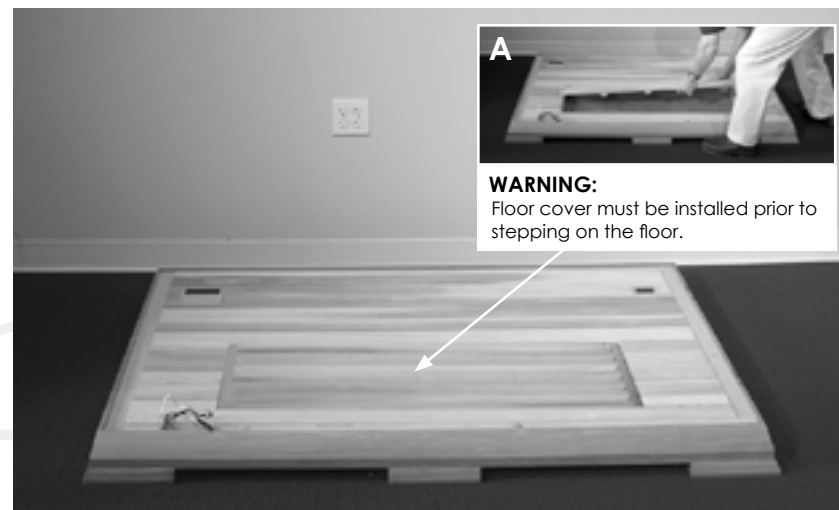
*Be aware of excessive detoxifying. Listen to your body. If you begin to feel symptoms such as nausea, fatigue, or flu like, during your sauna session discontinue use immediately. If these symptoms continue consult your physician.

Please read the instructions thoroughly before attempting to assemble your sauna. Assembly of the sauna requires at least 2 adults. 3 adults are recommended for the corner and luxury units. Find a dry and level location where you have an easy access to the main power cord. If you have questions during the assembly process, please feel free to visit us online:

www.sunlightsaunas.com/site/assembly.htm

CLEANING AND MAINTENANCE

1. Wipe the inside of the sauna with a damp cloth before your first use.
2. Place a Spungi™ towel on the floor, bench and backrests of the sauna to help absorb perspiration during a sauna session.
3. Scratches and stains on the interior of the sauna can be removed by using a fine grade sand paper.



1 Placing the bottom panel

Place bottom of Sauna on a smooth flat surface. Floor heater indicates front side of sauna base. Before proceeding double check to ensure that the base location is in its final position.

(A) Install the floor heater and cover.



2 Plugging main power cable

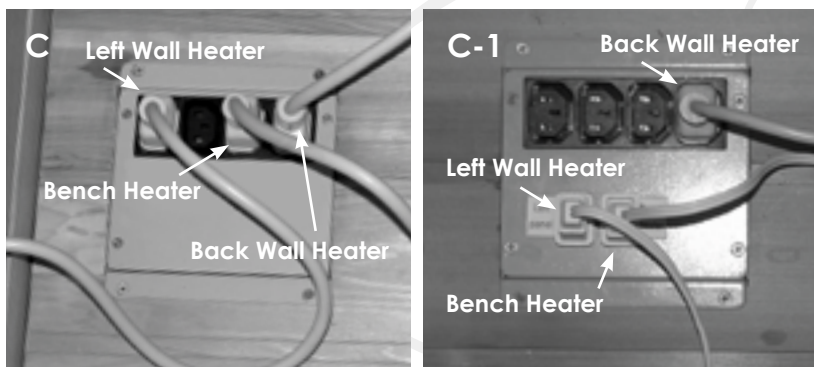
Connect the main power cable to the wall outlet found at the lower rear area of the sauna.

It is recommended to plug the sauna electrical outlet into a wall outlet that is not shared with any other electrical device; a dedicated electrical outlet.



3 Placing the rear panel

(A) Place rear panel into recessed groove in base. Center its location with raised area on interior floor. One person is required to hold wall while other person continues to the next step.



4 Connecting the left side panel

While rear panel is being held in position, place the left panel into the grooved base and gently raise into position. The magnet system will help to pull the panels together.

(B) Place the U shaped piece of stainless steel into the groove on top of the panels to hold them together. Once the U shaped rod is installed correctly you can let go of the panels.

(C) Plug left side panel and rear panel into floor outlets. To ensure proper performance plug appropriate cord into specified receptacle as shown in above photo. **(C-1)** represents the plug configuration for the Luxury model.

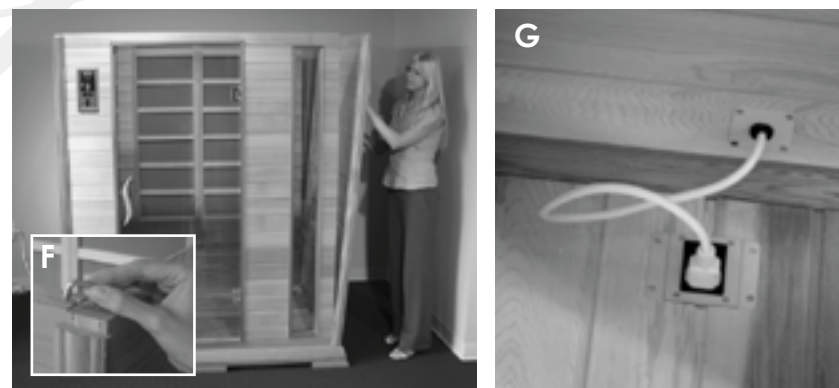


5 Connecting the front panel

Place front panel carefully into the groove on the front of the base. Pay careful attention to the power cords making sure they are safely out of the way.

(D) Place U shaped rod into grooves on top panels to secure them together.

(E-1) If you are setting up an Armana 3 or Luxury connect 3 power cords on the sauna front floor corner with front wall. **(E-2)** If you are setting up an Armana 1, 2 or C connect 2 power cords on the sauna front floor corner with front wall. Slide small board into position to conceal power connections into front wall.

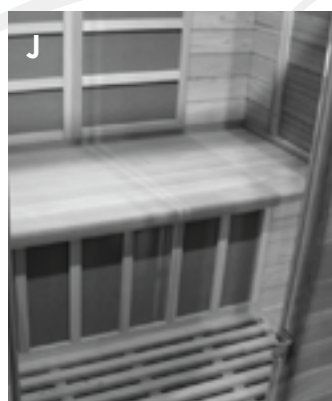
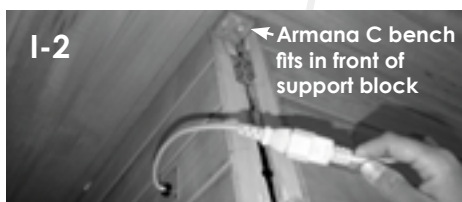
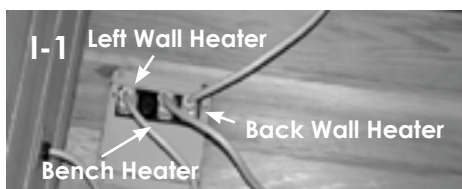


6 Connecting the right side panel

Place the right panel into the grooved base at a slight angle and raise gradually until magnets click into position.

(F) Place U shaped rods into the two remaining grooves on the panels top corners.

(G) Plug right side panel into floor outlet. You may have some outlets remaining after this step depending on your sauna.



7 Installing the bench panel

You may need to temporarily remove the side heater on one or both side walls to install the bench heater and bench top.

(H) Install bench heater so Solocarbon heat panel is facing toward door.

(I-1) Armana 2, 3, C, Luxury - Plug bench panel into floor outlet. You may have some outlets remaining after this step depending on your sauna.

(I-2) Armana Corner - Plug corner bench heater cords together.

(J) Place bench seat on top of bench heater panel.

Be careful not to scratch side panels while installing bench heater and top bench.

Please replace the side wooden heater grate on the wall.



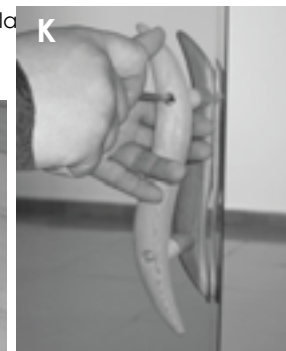
8 Placing the top panel

Lower the top panel onto the assembled sides. The roof grooves should fit over the wall panels.

Make sure that connections in roof do not get pinched between roof and walls during installation.

9 Installing the Sunlight Saunas™ door handle

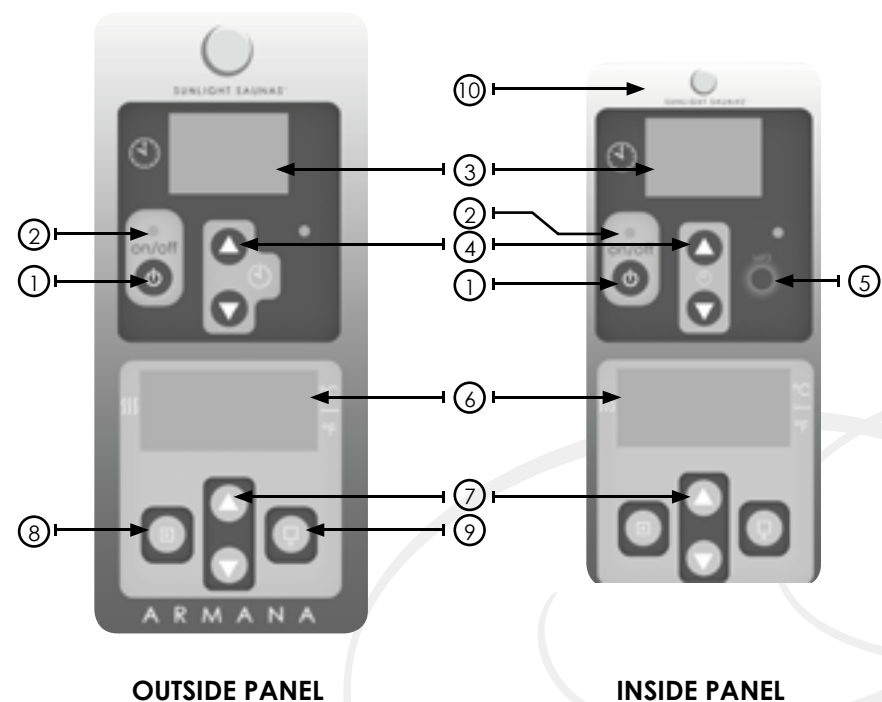
(K) Align two handles on either side of the glass door to the holes and screw them together.



10 Connecting the stereo, antenna, and signal line

(L) Open tongue and groove insert on front roof of sauna to reveal connection areas. This piece will be held in with touch fastener. Connect Antenna, and the stereo.

Connect power connection (white color) with white socket (AC IN), and connect signal connection with black socket (SIGNAL LINE). These two connections come out from the CD box. Replace tongue and groove insert. Touch fastener will hold insert in place.



Sunlight Saunas Control Panel Instructions			
Number	Function	Number	Function
1	Power On/Off	6	Temperature Display
2	Power Indicator	7	Temperature Control
3	Time Display	8	Interior Light Power
4	Timer Control	9	Exterior Light Power
5	Audio Input	10	Thermometer (Be careful not to break it.)

POWER: On/Off

- 1. POWER light on indicates the sauna is on
- 2. POWER light off indicates the sauna is off

TIMER CONTROL:

Default time is 60 minutes. Press [▲] or [▼] to change the time. The timer will automatically count down to 00 then the sauna will shut off by itself.

- [▲] Increase time: Press once to increase the time by 5 minutes. The maximum set up time is 60 minutes.
- [▼] Decrease time: Press once to decrease the time by 5 minutes. The minimum set up time is 5 minutes.

TEMPERATURE CONTROL:

- Default temperature is 150°F. Press [▲] or [▼] to change the temperature.
- °Fahrenheit/°Celsius: Press [▲] and [▼] at the same time to switch °F/°C modes. Fahrenheit mode is indicated by the °F light; Celsius mode is indicated by the °C light.

• [▲]: Increase temperature

- 1. In <°F> mode, pressing this button once increases the temperature by 10 °F and it can be up to maximum 150°F.
- 2. In <°C> mode, pressing this button once increases the temperature by 5°C and it can be up to maximum 65°C.

• [▼]: Decrease temperature

- 1. In <°F> mode, pressing this button once decreases the temperature by 10 °F down, the minimum temperature is 100 °F.
- 2. In <°C> mode, pressing this button once decreases the temperature by 5°C down, the minimum temperature is 40°C.

Temperature Display:

Within 15 seconds after powering on the sauna, the temperature display will show your temperature setting. (LED flashes). After 15 seconds, the temperature display will show actual interior temperature.

■ **INTERIOR:** Interior light power on/off

■ **EXTERIOR:** Exterior light power on/off

(Interior/Exterior lights may still be controlled when the sauna is off)

■ **Automatic memory:**

The sauna will memorize the most recent “time reservation mode,” “setting use time,” “temperature” as well as “°C/°F mode”. Unplugging the power cords will return to default settings.

■ **Audio-Input:**

You can connect a MP3 Player or other audio outputs to play audio from the sauna speakers.

■ **Make a reservation mode:**

In “OFF” mode, Press [time▲] and [time▼] at the same time toggles will be in reservation mode, press once to remove the setting; Default time is 24 hours, press [time▲] increases the time up to a maximum of 36 hours. Press [time▼] decrease the time down to a minimum of one hour. Setting time will automatically memorized. After starting reservation mode, the timer will automatically count down until 00. Sauna will automatically start again according to the memory setting.

WARNING:

- 1) If the temperature becomes unbearable, decrease the temperature or shutoff the sauna immediately.
- 2) Do not use if pregnant or have serious inflammation, a fever, a communicable disease, acute bleeding, or intoxicated. See *contraindications on sunlightsaunas.com*.
- 3) Consult physician prior to use.
- 4) Do not consume alcohol or drugs when using the sauna.

SUNLIGHT SAUNAS SPECIFICATIONS:

Item	Armana 1
Dimensions (WidthxDepthxHeight)	44.2 in x 40.5 in x 75.75 in 112.5 cm x 103 cm x 193 cm
Power	120v, 1000w, 8a (15A outlet) 240v, 1600w, 6.5a

Item	Armana 2
Dimensions	53 in x 51 in x 75.75 in 135 cm x 130 cm x 193 cm
Power	120v, 1600w, 13.3a (15A outlet) 240v, 1600w, 6.5a

Item	Armana 3
Dimensions	63.25 in x 51 in x 75.75 in 161 cm x 130 cm x 193 cm
Power	120v, 1840w, 15.3a (20A outlet) 240v, 1840w, 7.7a

Item	Armana C
Dimensions	66.4 in (back) x 39.8 in (corner) x 37.8 in (front) x 75.75 in 169 cm (back) x 101 cm (corner) x 96 cm (front) x 193 cm
Power	120v, 2125w, 17.7a (20A outlet) 240v, 2125w, 8.4a

Item	Luxury Armana
Dimensions	85 in x 63 in x 75.75 in 216 cm x 160 cm x 193 cm
Power	240v, 2800w, 11.5a (15A outlet)

- 5) Do not splash water on the heaters or any component inside the sauna.
- 6) Do not bring wet towels into your sauna or any substances that could harm the interior of your sauna.
- 7) Do not install a lock on your sauna.
- 8) Do not install your sauna outdoors without an authorized cover from Sunlight Saunas.
- 9) Do not use the sauna for more than (30) thirty minutes.
- 10) All repairs need to be authorized by a Sunlight Saunas representative.

USA and Canada Residential Use Warranty:

Lifetime on cabinetry, electrical and heaters

USA and Canada Commercial Use Warranty:

5 years on cabinetry, electrical and heaters

Outside USA and Canada Warranty:

7 years on cabinetry, electrical and heaters

Golden Wave International Trading Limited warrants Sunlight Saunas to be free of defects in material and workmanship.

This warranty extends only to the original retail or wholesale purchaser of the sauna and terminated upon transfer of ownership. The sauna must be purchased and used within one year of the manufactured date. Freight charges to and from the customer are the responsibility of the customer. This includes freight charges for parts shipped to enable the services of the sauna.

This warranty is void if the sauna has been altered, misused, abused or exposed to water. Such instances shall include operation or maintenance of the sauna in deviation to the published instructions. The warranty extends only to the manufacturing defects and does not cover the damages resulting from mishandling of the product by the owner.

Sunlight Saunas Corp. shall not be liable for the loss of use of the sauna or other incidental or consequential damages. Under no circumstances shall Sunlight Saunas Corp. or any of its representatives be held liable for injury to any persons or damages to any properties. Specifications are subject to change without notice.

ATTENTION: Shipping damage must be notated on the Bill of Lading (BOL). Sunlight Saunas must be notified of any damage to your sauna within three (3) business day's of signing the BOL. Failure to notify Sunlight Saunas within the established time frame will result in the owner taking full responsibility for cost of ALL REPLACEMENT PARTS including shipping and handling fees.

Except for custom orders, Buyer may cancel and return the Goods to Seller, subject to the terms and conditions of this document, if Buyer provides written notice to Seller within thirty (30) days of Buyer's receipt of the Goods that Buyer does not accept the Goods.

Custom orders

EXCEPT AS EXPRESSLY PROVIDED HEREIN, IN NO EVENT MAY CUSTOM ORDERS BE CANCELLED OR RETURNED TO SELLER AND NO DEPOSITS NOR PAYMENTS MADE BY BUYER TO SELLER FOR CUSTOM ORDERS SHALL BE REFUNDED TO BUYER. BUYER SHALL AT ALL TIMES REMAIN FULLY LIABLE FOR FULL PAYMENT OF THE CUSTOM ORDER. A "custom order" shall mean any order from a Buyer that is designed or manufactured in whole or in part to Buyer's specifications--OR--any non-custom order received by Buyer and which Buyer alters the appearance and/or condition of sauna.

In the event the Buyer elects to cancel the order and return the Goods pursuant to this Paragraph, Buyer shall assume all risk of loss and transportation and handling charges in connection therewith. Seller reserves the right to refuse to refund any deposit or payment or cancel any payment due and owing until such time as Seller (a) is in receipt of the Goods; (b) has inspected the Goods; and, (c) in Seller's discretion, has found such Goods to be free of damage. ALL RETURNED GOODS MUST BE IN THEIR ORIGINAL PACKAGING. In addition to other legal and equitable remedies available to Seller, Seller may refuse to refund all or any portion of any deposit or payment or cancel any payment due and owing if the Buyer fails to fully comply with or violates the terms and conditions of this document.

Shipping & handling fee

All cancelled or returned Goods shall be subject to shipping costs (to and from) and handling fees in the event Buyer cancels Buyer's order after five (5) days of such order being placed with Seller.

ETL AND ETL-C Safety Certified

Electrical Testing Laboratories (ETL) was founded in 1896 by Thomas Edison, and is one of the oldest product safety testing laboratories in the world. Certification by ETL and ETL-C assures you that all Armana models have been tested to meet both US and Canadian safety and performance standards. For your information, the control number is 3069343.



Frequently Asked Questions

Why is the handle shaped like an "S"?

The unique Sunlight Saunas door handle is your entrance to a healthier lifestyle. The "S" shaped handle represents the "S" in Sunlight Saunas™ and our focus on *SUPERIOR* quality, design, and technology.

Why does the bench heater not work as well as the others?

The bench heater is actually a 200 watt heater, the back panel heaters are 300 watts, and the front panel heaters are 100 watts.

Why do the lights not work? Where do I plug them in?

The slide hatch on the outside located on the roof in the front left corner has the plugs for the inside lights, outside lights, speaker connections, and the antenna plug. Often the slide hatch is making contact with the plug for the inside light, open, adjust the plug, and close.

What is the wattage, voltage, and amps of my sauna?

All of the wattage should be available online and in the literature often available at shows. The wattages are as follows:

Armana 1: 120v, 1000 watts, 8 amps **(15A outlet)**

Armana 2: 120v, 1600 watts, 13.3 amps **(15A outlet)**

Armana 3: 120v, 1840 watts, 15.3 amps **(20A outlet)**

Armana C: 120v, 2125 watts, 17.7 amps **(20A outlet)**

Armana Luxury: 220-240v, 2800 watts, 11.5 amps **(15A outlet)**

Also most saunas in the US will be 120 volt and outside the US 240 volt.

How long does it take for my sauna to warm up?

Do not adjust the the default time and temperature. The controls will be preset to 60 minutes at 150° F and the optimal sauna experience will occur at this temperature. Allow the sauna to warm up for 15 - 20 minutes at which time it should be approximately 100° F. If placed outside the sauna may require additional time to warm it up, depending upon weather conditions. If you prefer the sauna hotter, let it warm up longer. Drink plenty of water, at least 8 oz.

Can I use the sauna everyday?

Yes. We suggest drinking increased amounts of water to keep yourself hydrated. As long as you feel fine use the sauna daily and enjoy.

How long can I use it for each day?

We suggest using up to 30 minutes per day. It makes no difference whether you use during the day or at night.

What micron does the heater put out?

The sauna puts out a micron range of 4 - 20 microns.

What is the best temperature to use my sauna?

We recommend leaving your sauna at its default temperature setting, 150 F. Although your sauna will not get this hot, this setting will assure constant emission of far-infrared heat. Remember, temperature is not important; the fact that you are receiving far-infrared heat is.

What is the heater made of?

The heater is made of organic black carbon that is first cut into pliable sheets. Then electrical heater wiring is added.

How much will the sauna cost me to run a month?

The sauna runs on the same wattage as a blow dryer and will cost very little to run monthly.

If I do use it everyday, what else do I have to do?

Just drink plenty of fluids to replace the ones you will be losing with everyday usage. If you like, take a warm shower to help accelerate the sweat glands opening to be even more refreshed.

How do I clean the sauna?

Wipe the inside with a damp cloth. Furniture polish will do for the outside. Do not use anything with chemicals as the heat will warm these products. Using Spungi™ towels on a regular basis will keep the sauna clean.

Can I place my sauna outdoors and not void the warranty?

Yes, if you protect it with a Sunlight Saunas canvas cover. If you place your sauna outdoors without an authorized Sunlight Saunas cover your warranty will be voided.

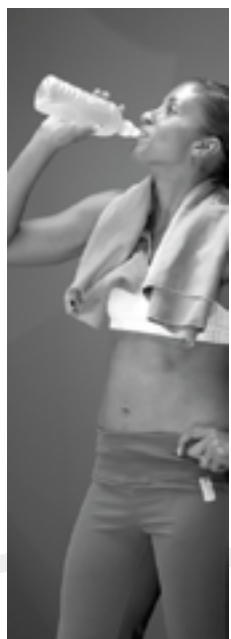
I received my sauna, but I have not received the cover yet, can I place the sauna outside?

NO, do not install your sauna outdoors prior to receiving your cover. Doing so will void the warranty!

Do I need to use Spungi™ microfiber towels?

Yes. Placing Spungi™ towels will make your sauna experience more comfortable and prevent sweat from staining the sauna. Regular Spungi™ usage keeps the sauna clean. Use them on the benches and backrests for optimum comfort and cleanliness.

Order Sunlight Sauna Spungi™ towels online at www.Sunlightspa.com



SUNLIGHT SAUNAS™

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CONFORMS TO:
UL STD 875



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